Third Saturday Seminar 2011-2012 Humanity at a Crossroads Session 05 18 February 2012

Don't (be) Panic(ked) II Curt Gibby

Current Events Segment

ALL Program, Lone Star College – Montgomery Conroe, Texas

Change

There is only one corner of the universe you can be certain of improving, and that's yourself.

Aldous Huxley

Return of the Elders, Unleashing Your Wisdom

Our Middle Aged Brains

David Niesel and Norbert Herzog

Ah... if only I could stay young... instead of faking it.

No kidding! It's actually true that our brains change with age. There was a report that said forty percent of your brain cells are lost with age but that's actually not true....

Something the middle aged brain is better at doing is recognizing the central idea or big picture. So if the brain is in good shape, it can build pathways that allow it to recognize patterns and their significance and find a solution faster than a young person.

THRIVE: How to Flourish in an Insane World

By Dr. Arnie Kozak | Last updated Jul 10, 2011, 11:02 am

Let's face it, the world is a mess. Political unrest, natural disasters, overpopulation, financial turmoil, depletion of natural resources, and war are everyday concerns. And thanks to the Internet and television these concerns are available 24/7 and come right to your living room.

Life has always been stressful. It's easy to idealize a bygone era as a golden age when things were different. There has always been war, unrest, and uncertainty. Yet as few as 50 years ago, it was not in our faces. The availability of information makes life more stressful.

We need tools to help us to cope with everything that is going around us – personally, in the family, community, country, and the world.

Program for TSS Meeting 21 January 2012

- •9:30 am Introduction & Current Events (45 Minutes +/-) *Curt Gibby*
- •10:00 am 10 Minute Break
- •10:10 am DON'T (be) PANIC(ked) II
- •10:55 am Closing Remarks
- •11:00 am Adjorn Next Session Paul Watson Health Care Issues

Third Saturday Seminars

To refer to an ancient Chinese saying, our world is in interesting times and individual citizens are assaulted with a blinding array of propaganda from every conceivable source. The Third Saturday Seminar is about demystification of what is going on around is. Time will also be spent on current events. 3 Sessions. No fee.

Lone Star College-Montgomery BI02

160199 2/18, **3/24**, **4/21**, 5/19 tbd

16020 9:30 a.m. – Noon Gibby

March is the 17th and the college is closed for Spring Break, I thought ALL might want to consider a special lecture about Water and the Environment

On 11/16/2011 4:16 PM, Smith Burns, Donna wrote:

FYI

In March 2012 ALL will be part of the LSCM **Spring Fling and the Texas Forest Expo**.

The emphasis for this event on March 24 is: Water, Drought, Forest, Fire and Health Natural Living

The event will be on LSC M campus and the committee expects 2500-3500 students, parents, seniors and community members.

Since the **Third Saturday would be March is the 17**th and the **college is closed for Spring Break**, I thought ALL might want to consider a special lecture about Water and the Environment. In the course of the conversation John Warner mentioned a Meteorologist who he hear talk about climate change specific to our region.

I am proposing we consider him as a speaker. I can contact him and them make the introduction to Curt if we want to make it the Third Saturday topic. (See next Slide)

I also told my committee I would work on getting a speaker from the San Jacinto Water Authority to discuss Lake Conroe issues.

ALL can have a booth at this event to promote classes and the Nature Series. I will also have a booth for Youth Camp which I will be running 12 Summer.

March 24th

On 11/6/2011 6:09 AM, Paul Watson wrote: Curt –

While I have understood and tend to be in general agreement with most of your positions, I was surprised when you said that you support a single payer medical system. ... I would welcome the opportunity to discuss this issue at the Third Saturday Seminar and present history, options and considerations of current and future medical care.

I am a retired pathologist. I have worked in private practice and the Veterans Administration, as well as having experiences as a patient within the VA as well as in the private world. I have had experience as a part owner of a hospital. As a pathologist I had interface with the administrative considerations of medical care as well. I began practice before Medicare became firmly established. I have had the opportunity to observe various types of practices. I believe that I have a background to understand the advantages and disadvantages of various medical care systems.

Paul Watson

Paul plans to address these issues - and maybe others

Is there a right to health care?

Is the US health care the best in the world?

Is the US health care the most costly in the world?

How did we get to where we are with health care?

What are the drivers for the increasing cost of health care?

What are the ways to pay for health care?

What can an individual do to optimize their own health care?

What are the alternative systems for health care costs?

What is an entitlement?

Funding for abortion and contraception?

Current Events

17 September 2011

Don'tbePanicked!

Bill Moyers is Back

http://billmoyers.com/series/moyers-and-company/

KUHT| Channel 8

MON, JAN 16

•10:30 PM

MON, JAN 23102

•10:30 PM

MON, JAN 30103

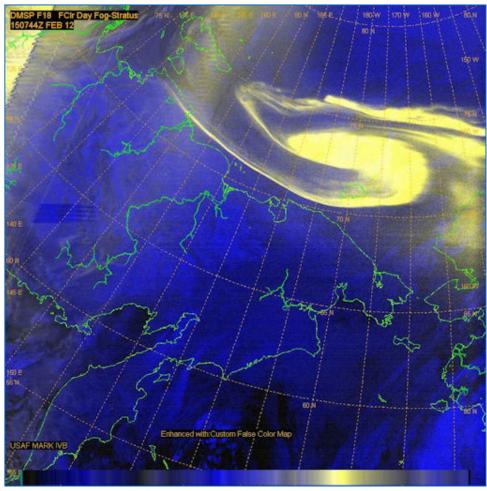
•10:30 PM



Aurora Whirlpool

WWW.SpaceWeather.com

AURORA WHIRLPOOL: On Feb. 14-15, Arctic skies erupted with an unexpected display of auroras that veteran observers said was among the best in months. At the height of the event, a US Defense Meteorological Program satellite photographed a whirlpool of Northern Lights over the Bering Sea:



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A few years ago, William R. Clark wrote a book called Petrodollar Warfare... http://www.wealthdaily.com/articles/middle-east-oil-sanctions-could-trigger-war/3397

In his book, Clark explains:

... the upcoming Iran bourse will introduce petrodollar versus petroeuro currency hedging, and fundamentally new dynamics to the biggest market in the world — global oil and gas trades.

In essence, the U.S. will no longer be able to effortlessly expand its debt-financing via issuance of U.S. Treasury bills, and the dollar's international demand/liquidity value will fall.

Tehran Believes

The leaders of Iran believe this theory is true.

The *Tehran Times* recently wrote:

Recall that Saddam [Hussein] announced Iraq would no longer accept dollars for oil purchases in November 2000 and the U.S.-Anglo invasion occurred in March 2003...

Similarly, Iran opened its oil bourse in 2008, so it is a credit to Iranian negotiating ability that the 'crisis' has not come to a head long before now.

The former dictator of Libya suggested switching to the gold dinar from the dollar for its oil trade. He was shot in the head by a guy wearing a Yankees cap.

The Market Response ... Costa Concordia Sunk 16 Jan

Carnival Corporation Common Sto (CCL) - NYSE

30.97 + 0.38 (1.24%) Feb 17, 4:00PM EST | After Hours: 30.97 + 0.00 (0.01%) Feb 17, 5:12PM EST

Enter name(s) or symbol(s) GET CHART COMPARE EVENTS TECHNICAL INDICATORS CHART SETTINGS RESET

Jan 17, 2012:

CCL 29.60

37

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31

Will the federal government's \$25 billion bank settlement help Nevada homeowners?

Ken Miller Wed, Feb 15, 2012 (4:16 p.m.)

Naturally, federal government officials are getting out the confetti over the recent \$25 billion settlement with five of the nation's top mortgage lenders over abusive practices that led to millions of foreclosures nationwide.

But in Nevada, where the foreclosure crisis is at its worst, the "benefits" of the money are far less encouraging. Distressingly, only a small fraction of those underwater in their homes will be eligible for the refinancing provided under the settlement. Worse, those who have had their homes foreclosed on would receive only \$2,000 apiece—for many homeowners in the Valley, not even enough to pay a month's mortgage installment.



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Don't (be) Panic(ked) II

New hearing sought in sonogram case The Center for Reproductive Rights announced Wednesday that it will petition the

The Center for Reproductive Rights announced Wednesday that it will petition the entire U.S. Fifth Circuit Court of Appeals for a new hearing on the sonogram law.

A three-judge panel from the Fifth Circuit recently overturned the district court's preliminary injunction blocking enforcement of the law, which requires doctors to force women seeking abortions to view and hear detailed descriptions of their sonograms — even when a woman wishes to refuse and when the physician believes it is inappropriate and unethical to do so.

The petition will ask the court to rehear the case *en banc* — in which all judges in the circuit court would hear the case, rather than a selected panel.

The center also filed a motion seeking to amend the complaint before the Texas district court to focus only on the two claims heard by the Fifth Circuit:

** Texas law violates the First Amendment rights of physicians because it forces doctors to deliver to their patients' speech chosen by politicians to advance an anti-abortion agenda.

** The law violates physicians' due process because it subjects them to harsh penalties for failing to comply with the law's vague requirements.

Federal court panel allows sonogram law to proceed By Gary Scharrer, Austin bureau, Chronicle

Published 08:00 p.m., Tuesday, January 10, 2012,

AUSTIN - Anti-abortion forces praised a ruling by a federal appeals court Tuesday restoring Texas' restrictive sonogram law.

Critics have said the law would harass women and impose government ideology on them.

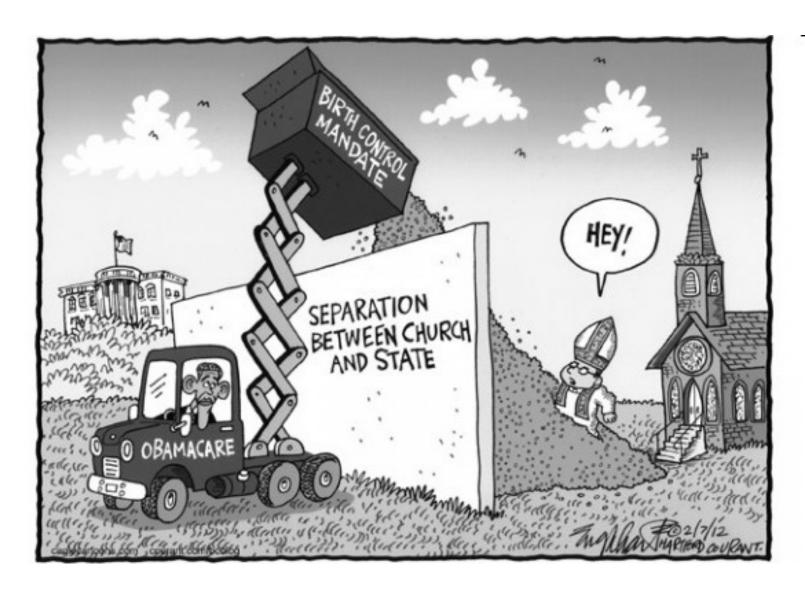
A panel of three judges from the 5th <u>Circuit Court of Appeals</u> reversed a lower court's injunction against the state's ultrasound law from taking effect, allowing the state to begin enforcing its policy of requiring doctors to give pregnant women "truthful, nonmisleading, and relevant disclosures" before they choose an abortion.

"The State's interest in respect for life is advanced by the dialogue that better informs the political and legal systems, the medical profession, expectant mothers, and society as a whole of the consequences that follow from a decision to elect a late-term abortion," the appellate court said in its ruling.



http://blogs.chron.com/nickanderson/archives/030611b1.jpg

Houston Chronicle, Mar 6, 2011, page B-1



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Don't (be) Panic(ked) II



Scalia: You don't count pregnant women twice.

"It has nothing to do with how I decide cases," Scalia replies. "My job is to interpret the Constitution accurately. And indeed, there are anti-abortion people who think that the constitution requires a state to prohibit abortion. They say that the Equal Protection Clause requires that you treat a helpless human being that's still in the womb the way you treat other human beings. I think that's wrong. I think when the Constitution says that persons are entitled to equal protection of the laws, I think it clearly means walking-around persons.

Justice Antonin Scalia, CBS 60 Minutes, Sept. 14,

2008http://www.cbsnews.com/stories/2008/04/24/60minutes/main4040290 page6.shtml

VP's visit doesn't resolve US-China trade issues http://columbustelegram.com/news/national

Associated Press | Posted: Friday, February 17, 2012 5:05 pm | (0) Comments

0 tweet

Recommend

If Sign Up to see what your friends recommend.



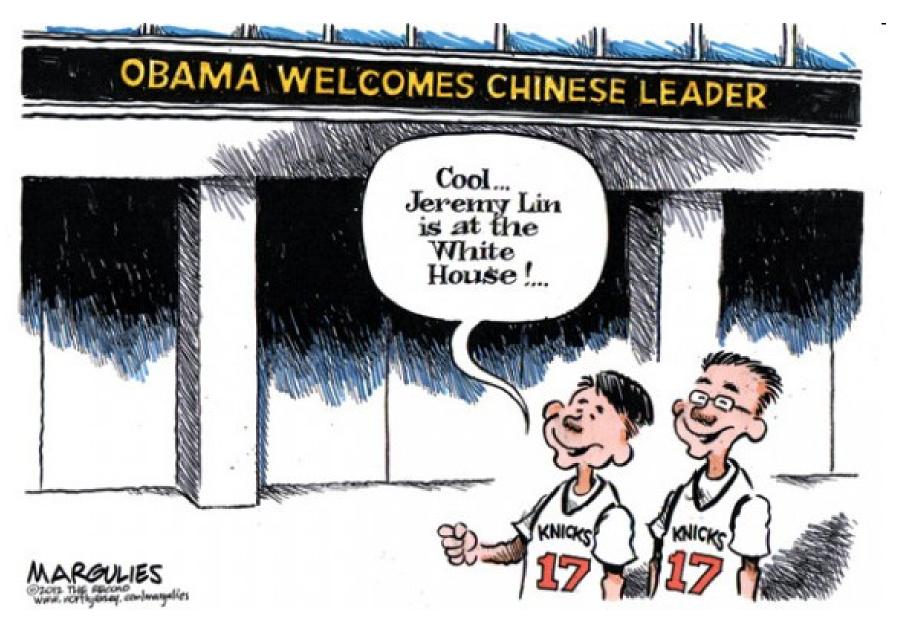
Charlie Neibergall

Chinese Vice President Xi Jinping talks with Rick Kimberley, center, while touring his family farm, Thursday, Feb. 16, 2012, in Maxwell, Iowa. (AP Photo/Charlie Neibergall, Pool) Despite the goodwill expressed with diplomatic gestures, Champagne toasts and speeches on cooperation during Chinese Vice President Xi Jinping's visit to the farm belt this week, the world's two largest economies still have thorny disagreements over agricultural trade to resolve.

Whether it's apples, beef, chicken or strawberries, trade between China and the United States remains complicated. The two are among each other's most important trade partners. U.S. exports to China grew 33 percent from 2009 to 2010 to surpass \$100 billion for the first time. At the same time, Chinese exports to the U.S. grew 23 percent to \$365 billion.

But both want to sell more. The U.S. has complained about China's import taxes and refusal to buy American beef, while China wants the U.S. to lift its restrictions on chicken now that the bird flu

outbreak has ended. It's a sign of agriculture's importance that Xi chose to make it one of the focal points of this week's trip, his first high-level diplomatic visit as the anticipated next president of China.



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Don't (be) Panic(ked) II

South China Sea

http://news.bbc.co.uk/2/hi/7941425.stm



Pakistan, Iran, Afghanistan to evolve roadmap for trilateral cooperation

Islamabad: Pakistan, Iran and Afghanistan Friday agreed to develop a joint framework of trilateral cooperation particularly in the areas of counter terrorism, anti narcotics and border management within six months.

It was decided during third Trilateral Summit held here on Feb, 16 and 17 among Afghan President Hamid Karzai, Iranian President Mahmood Ahmadinejad and President Asif Ali Zardari

The three Presidents pledged to enhance cooperation among the countries comprehensively for realizing the shared aspiration of their peoples for peace, security, stability and economic prosperity.

They agreed to extend support of comprehensive cooperation and to take pragmatic steps for realizing mutually beneficial cooperation to promote stability, peace and shared prosperity and ensure respect for sovereignty, independence, unity and territorial integrity, as enshrined in the UN Charter.

The summit also agreed to proceed on the basis of mutual interest, shared respect, non interference and non intervention in internal affairs of each another. The meeting also had a consensus not to allow any threat emanating from their respective territories against each other. All parties agreed to commence trilateral consultations on an agreement in this regard. http://www.onlinenews.com.pk/details.php?id=189298
18 February 2012 Don't (be) Panic(ked) II

Syria's Splintered Opposition: Who Is Running the War Against the Regime?

http://www.time.com/time/world/article/0,8599,2106257,00.html#ixzz1mhDMVo8i

... It's unclear how big this rebel force is. Colonel Riad al-As'aad, the head of the FSA, has boasted of as many as 40,000 men — a claim impossible to verify and probably part of a psychological campaign to encourage further defections. General Mustafa al-Sheikh, the highest-ranking breakaway to date, has gone further, telling a British newspaper that President Assad's army is just weeks away from collapsing. Few would concur.

Perhaps that is because Sheikh and As'aad are rivals. On Sunday, the general announced the formation of the High Syrian Council for the Liberation of Syria, a move that is likely to cement a split within the armed opposition, given that the FSA's deputy commander Colonel Malik Kurdi told TIME Sheikh's move was nothing short of "a knife in the back of the revolution."

"We were surprised by this," Kurdi said by phone from Turkey. "General Sheikh defected and did not join us. He announced this council — it's his business. We have nothing to do with it.

CIA Arab leagion (sp) Al-Qaeda announce official support to Syrian rebels(terrorists)

http://bbs.chinadaily.com.cn/thread-731559-1-1.html

Al-Qaeda joins ranks of Syrian revolt backers, 12 February, 2012

The leader of Al-Qaeda has voiced his support for the Syrian uprising. He called on Muslims to join the opposition in Syria in their drive to oust President Bashar Assad. In an eight-minute video address posted on Sunday on a jihadist website, Ayman al-Zawahri called on Muslims in Turkey, Iraq, Lebanon and Jordan to aid the Syrian rebels. "Continue your revolt and anger, don't accept anything else apart from independent, respectful governments," the successor of Osama Bin Laden urged the Syrians. He also called on Syrians not to rely on Western or Arab governments, whom he said would impose a new regime subservient to the West.

The news comes as the Arab League is discussing in Cairo their next step in tackling the Syrian crisis. Earlier Russia and China blocked a draft resolution at the UN Security Council, which called for Assad to step down. Now a plan to send a joint UN-Arab League observer mission to Syria is on the table.

The country has been in turmoil for almost a year now. The government says it fights off foreign-sponsored terrorist groups masquerading as public uprising. Critics of the regime

call it a bloody crackdown on Syrian citizens. (China Daily is published in the PRC)

U.S. Intel Head James Clapper on Greatest Threats in 2012



FBI Director Robert Mueller, Director of National Intelligence James Clapper and CIA Director David Petraeus appear before the Senate Select Committee on Intelligence on Capitol Hill on Jan. 31, 2012 in Washington, DC. (Win McNamee/Getty Images)

http://abcnews.go.com/Blotter/us-intel-head-james-clapper-worldwide-threats-2012/story?id=15479381#.Tz8P_1EpBFQ

Greatest Threats in 2012

On Iran: We Don't Know If They'll Go for The Bomb, 'Concerned' About Attack on U.S.

On Terrorism: Al Qaeda 'Core' Weakening, Affiliates and Homegrown Terror Greater Threats

On Afghanistan: Taliban Still Has 'Safe Haven' in Pakistan

On North Korea: To Early to Judge New Leader, Two Nuclear Weapon Tests

On the Arab Spring: Turmoil Will 'Challenge' U.S. Influence, Terrorists Could Exploit Unrest

On the Cyber Threat to the U.S.: Governments Can't Keep Up with Technology

On Drinking Water Resources: Shortages, Floods Will Hurt U.S. National Security

Truth, lies and Afghanistan How military leaders have let us down By LT. COL. DANIEL L. DAVIS

I spent last year in Afghanistan, visiting and talking with U.S. troops and their Afghan partners. My duties with the Army's Rapid Equipping Force took me into every significant area where our soldiers engage the enemy. Over the course of 12 months, I covered more than 9,000 miles and talked, traveled and patrolled with troops in Kandahar, Kunar, Ghazni, Khost, Paktika, Kunduz, Balkh, Nangarhar and other provinces.

What I saw bore no resemblance to rosy official statements by U.S. military leaders about conditions on the ground.

Entering this deployment, I was sincerely hoping to learn that the claims were true: that conditions in Afghanistan were improving, that the local government and military were progressing toward self-sufficiency. I did not need to witness dramatic improvements to be reassured, but merely hoped to see evidence of positive trends, to see companies or battalions produce even minimal but sustainable progress.

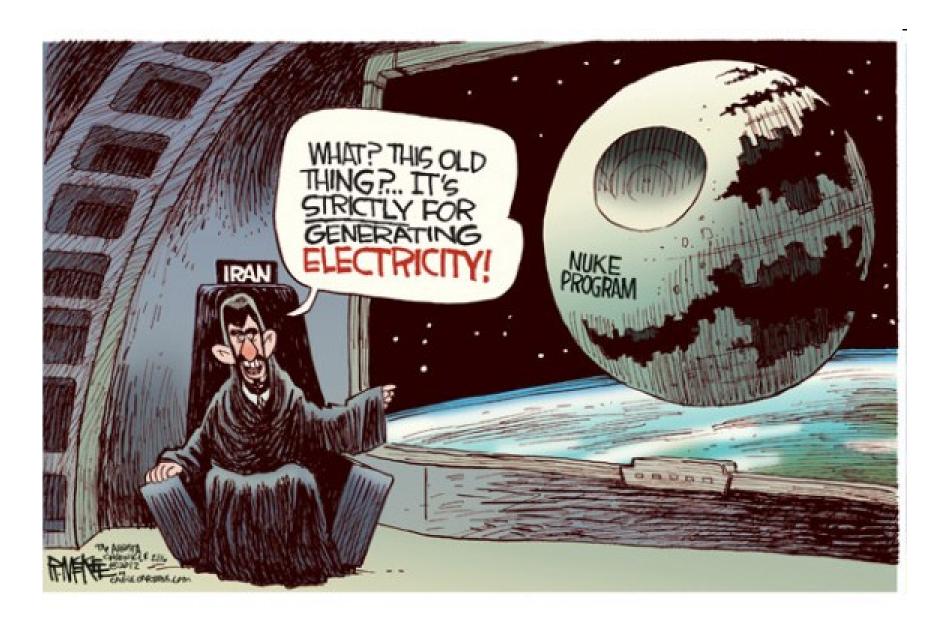
Instead, I witnessed the absence of success on virtually every level.

The Coming Accidental War with Iran, by Lyric Hughes Hale

http://www.huffingtonpost.com/lyric-hughes-hale/the-coming-accidental-war_b_1170574.html

Now that America's withdrawal from Iraq has been formalized, and Osama bin Laden, Hosni Mubarak, Muammar Gaddafi, Ali Abdullah Saleh, and Zine el Abidine Ben Ali have all been vanquished, after a year of unbelievable changes throughout the Middle East, my prediction is that Iran is about to regain center stage in the region. As a result of the US withdrawal, Iraq could be prone to more violence, and the Iranian leadership must certainly have taken note that none of the toppled leaders, including Sadam Hussein, possessed formal nuclear capabilities.

The first act is already being played out in Syria, the only Arab state to align itself with Iran, and in the streets of Bahrain, its neighbor under Saudi control. The Saudis and the Israelis are mulling diplomatic as well as military options to stop Iran from developing a nuclear weapons capability

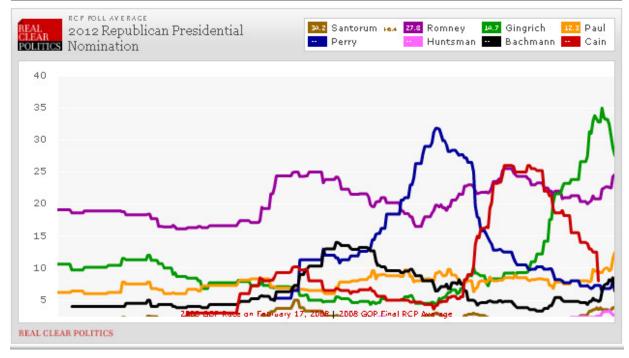


Late RCP Averge of Polls

2012 Republican Presidential Nomination

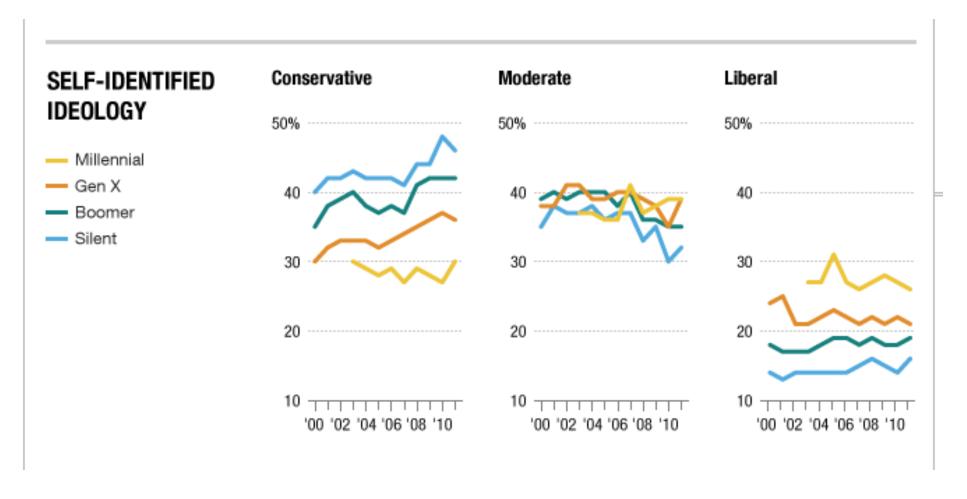
2008 GOP Race on February 17, 2008 | 2008 GOP Final RCP Average

Polling Data								
Poll	Date	Sample	MoE	Sandorum.	Romney	Gingrich	Paul	Spread
RCP Average	2/8 - 2/16	-	-	34.2	27.8	14.7	12.3	Samtorum +6.4
Gallup Tracking	2/12 - 2/16	1200 RV	4.0	34	30	14	11	Santorum +4
Rasmussen Reports	2/14 - 2/14	1000 LV	3.0	39	27	15	10	Santorum +12
CNN/Opinion Research	2/10 - 2/13	478 A	4.5	34	32	15	16	Santorum +2
CBS News/NY Times	2/8 - 2/13	331 RV	5.0	30	27	10	12	Santorum +3
Pew Research	2/8 - 2/12	552 RV	5.0	30	28	17	12	Santorum +2
PPP (D)	2/9 - 2/10	656 RV	3.8	38	23	17	13	Santorum +15



Generation Gap: How Age Shapes Political Outlook

http://www.npr.org/2011/11/03/141984787/generation-gap-how-age-shapes-political-outlook

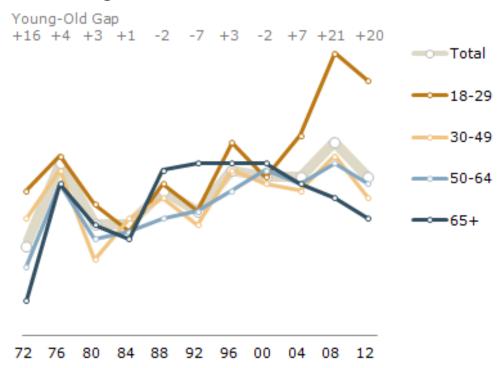


The Generation Gap and the 2012 Election Angry Silents, Disengaged Millennials

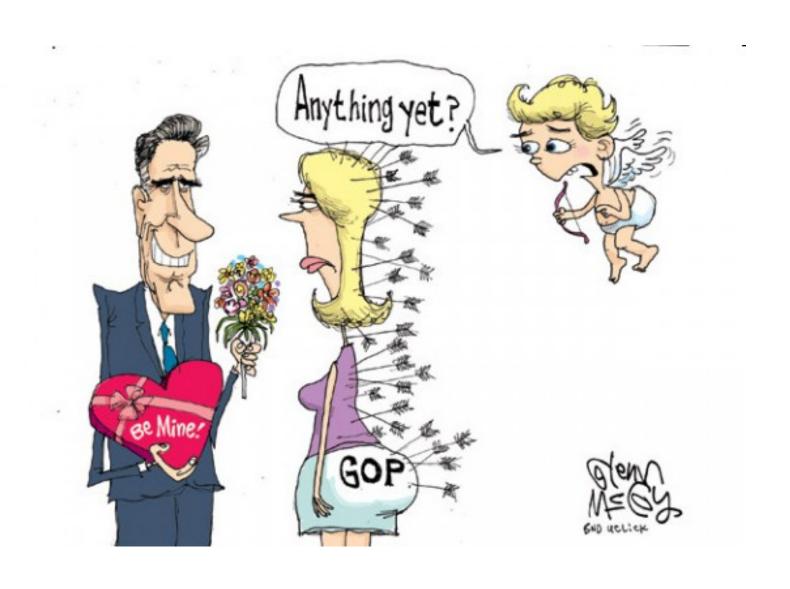
November 3, 2011

Young-Old Voting Gap Largest Since Nixon v. McGovern in 1972

Percent voting for Democratic candidate



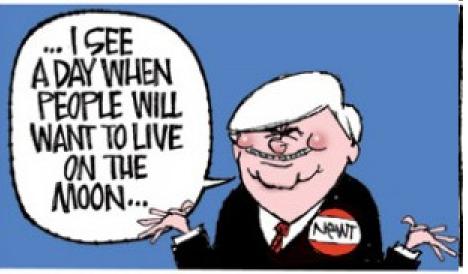
PEW RESEARCH CENTER Sept. 22-Oct. 4, 2011. 1972-2010 data from national exit polls. 2012 preference based on registered voters. Age breaks for 1972-1988 are 18-29, 30-44, 45-59, and 60+.





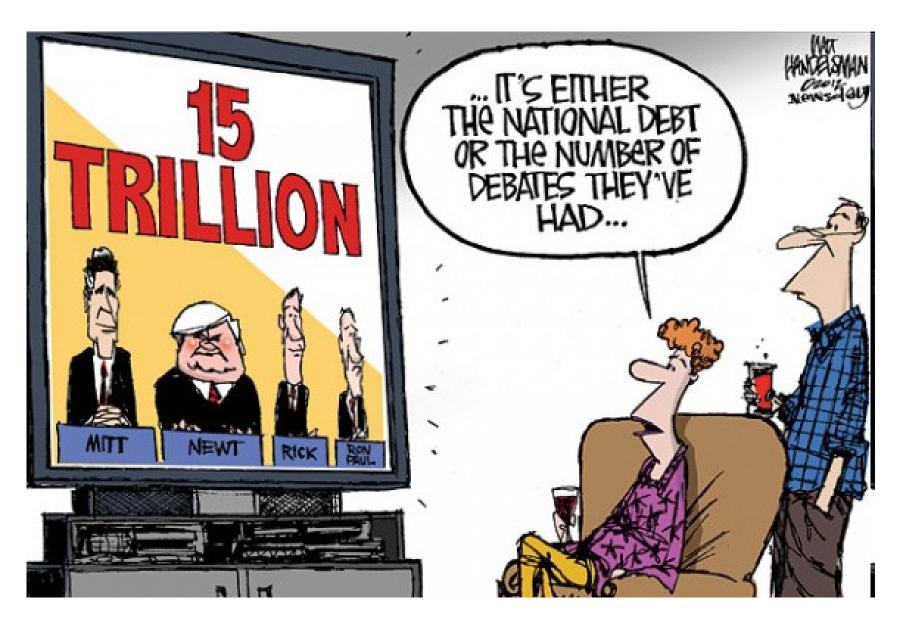
"I'LL TAKE ONE OF THESE IN EVERY COLOR!"

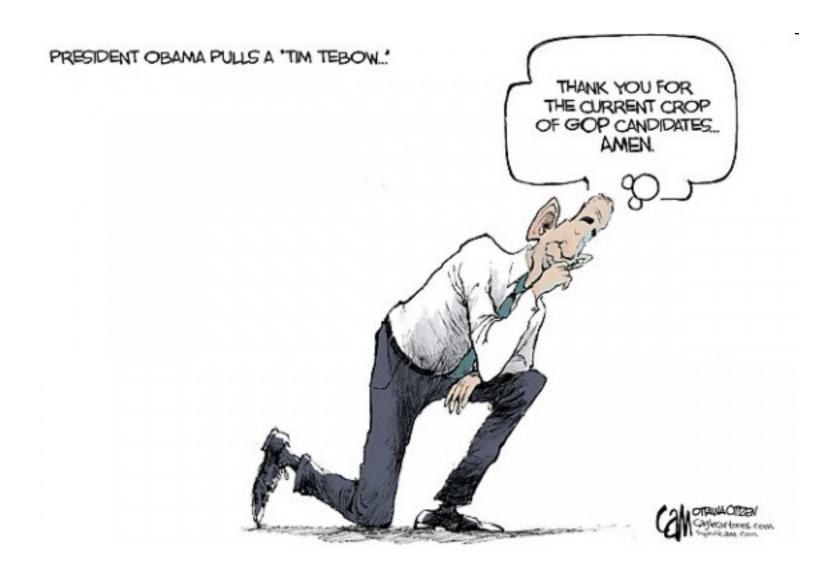


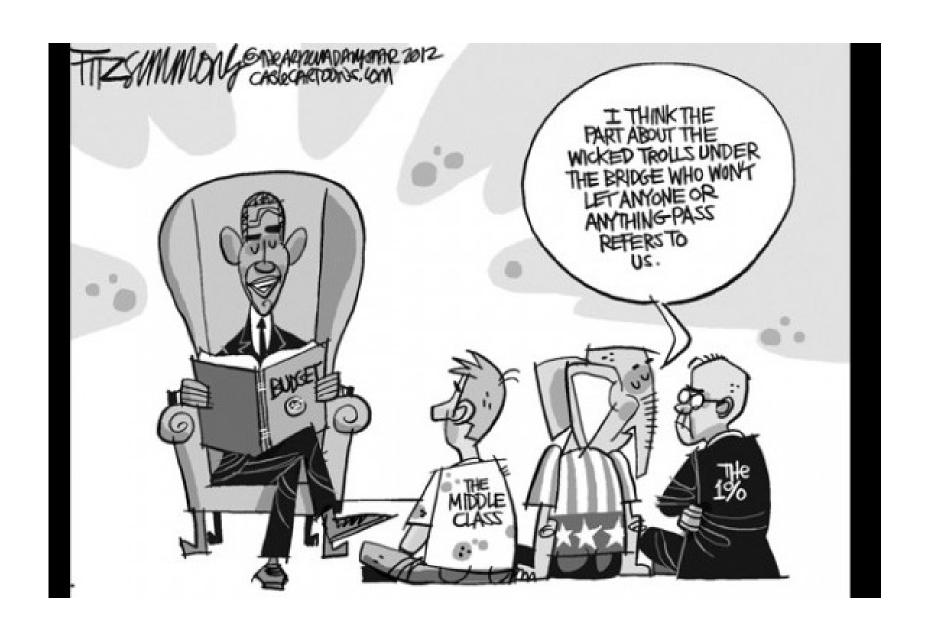


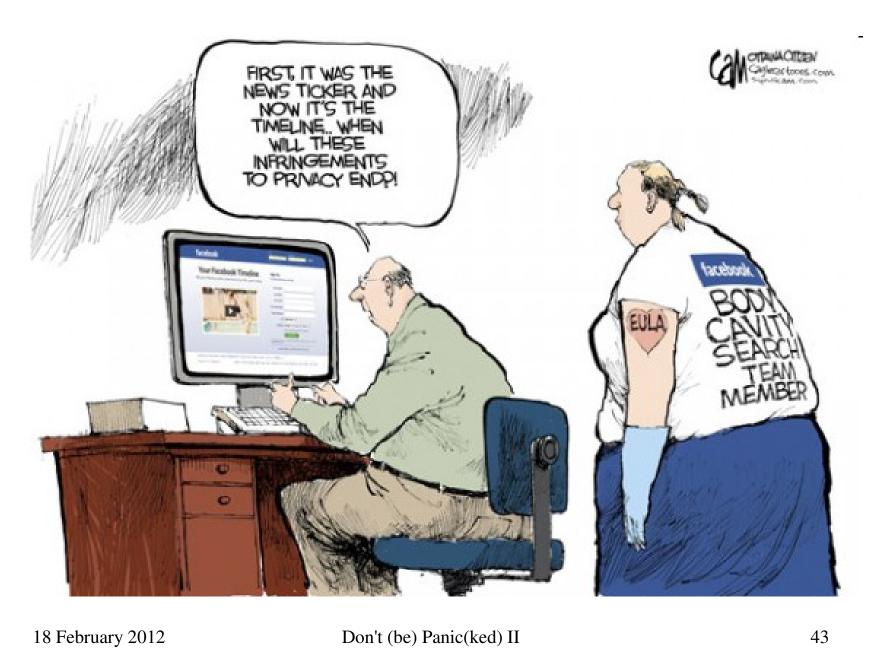


Don't (be) Panic(ked) II









18 February 2012 Don't (be) Panic(ked) II



Russian military chief: War risks have grown

MOSCOW (AP) — Russia's chief military officer says the nation is facing an increased threat of being drawn into conflicts at its borders that may grow into an all-out nuclear war.

Gen. Nikolai Makarov, chief of the General Staff, pointed at NATO's expansion eastward and said Thursday that the risks for Russia to be pulled into local conflicts have "risen sharply." He added, according to Russian news agencies wires, that "under certain conditions local and regional conflicts may develop into a full-scale war involving nuclear weapons."

War risks have grown

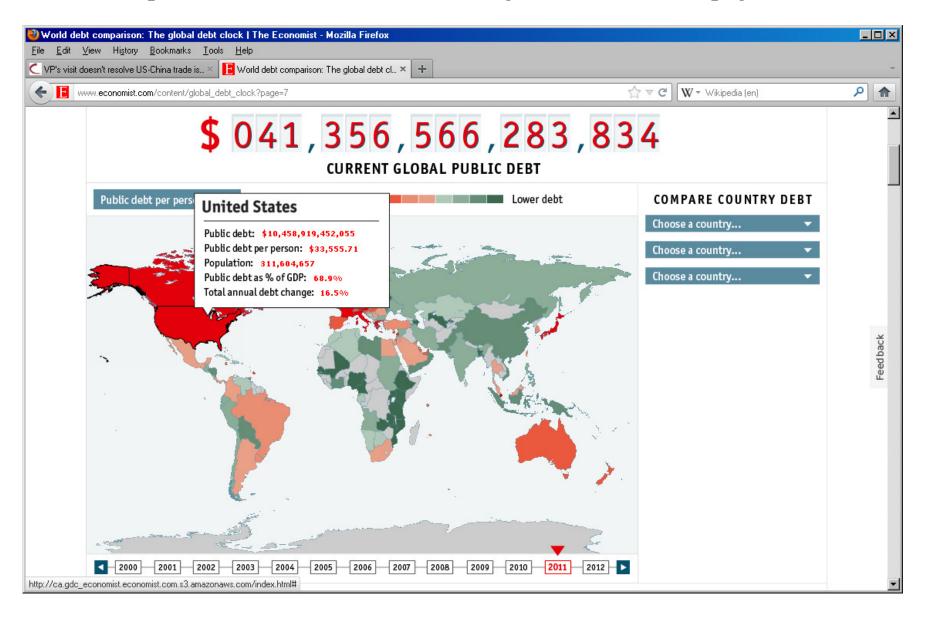
A steady decline of Russia's conventional forces has prompted the Kremlin to rely increasingly on nuclear deterrent. Its military doctrine says it may use nuclear weapons to counter a nuclear attack on Russia or an ally, or a large-scale conventional attack that threatens Russia's existence.

http://news.yahoo.com/russian-military-chief-war-risks-grown-140553975.html

S&P 500 (^GSPC) - SNP 1,315.38 +0.88 (0.07%) 4:34PM EST



http://www.economist.com/content/global_debt_clock?page=7



Money Multiplier (seasonally adjusted) 52 two week ROC (Rate of Change) blue (the data is bi-weekly)

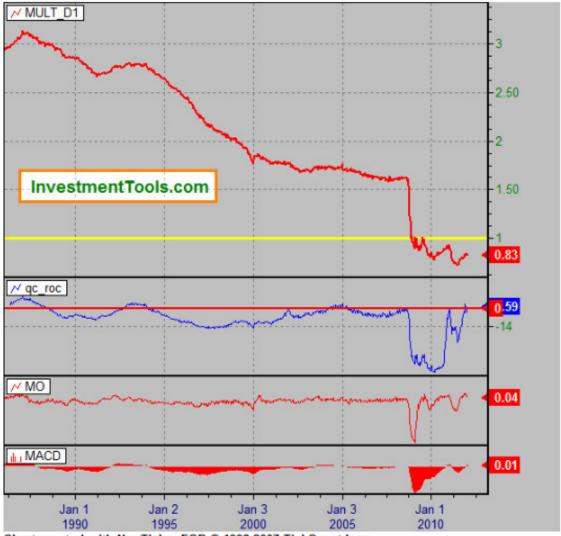
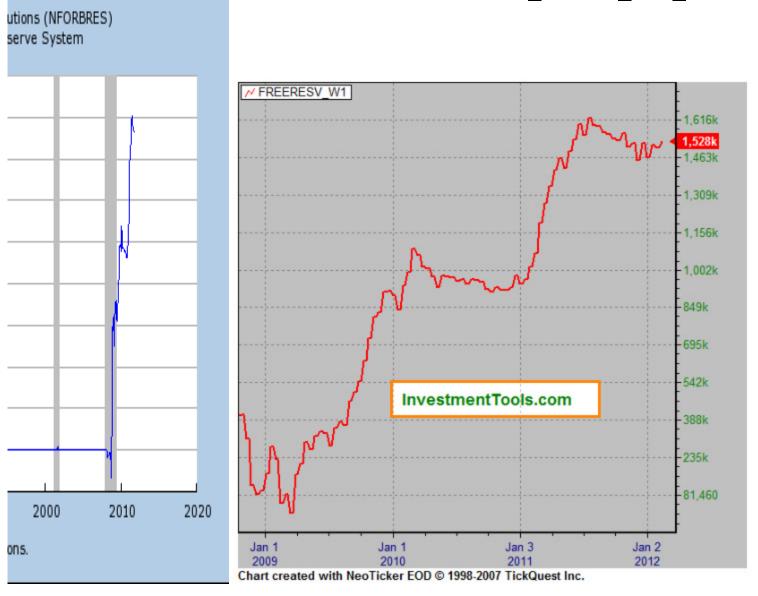


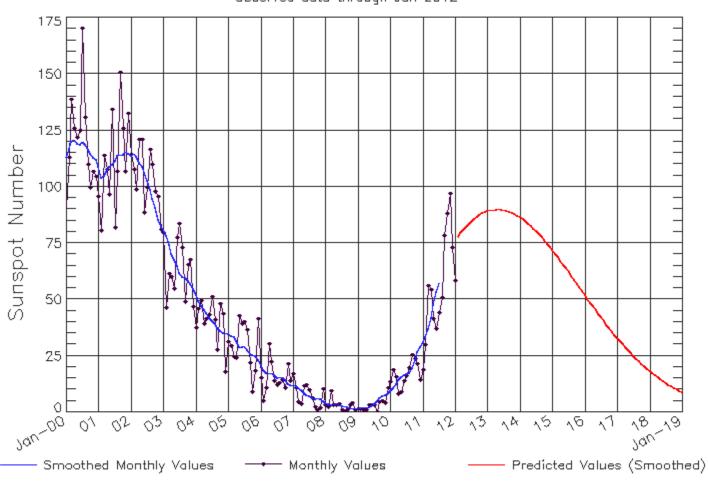
Chart created with NeoTicker EOD © 1998-2007 TickQuest Inc.

http://www.investmenttools.com/thefed/fedderal_reserve_free_reserves.htm



Sun Spots





Updated 2012 Feb 7 nup://www.swpc.noaa.gov/501arCycle/

NOAA/SWPC Boulder,CO USA

Third Saturday Seminar 2011-2012 Humanity at a Crossroads Session 05 18 February 2012

Don't (be) Panic(ked) Curt Gibby

10 Minute Break

ALL Program, Lone Star College – Montgomery Conroe, Texas

Don't panic!

Don't <u>be</u> Panic<u>ked!</u>

Welcome back to interesting times!

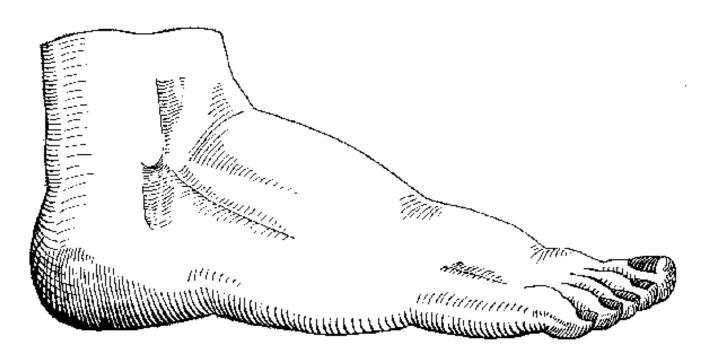






See You Next Time

The Monty Python Foot, a convenient way to end something that would seem to go on for ever accomplishing nothing.... (*See deus ex machina*)





The famous Python Foot can here be seen in its original format in the bottom left corner of "An Allegory of Venus

and Cupid by Bronzino (~1545)

When Monty Python had no ending for a skit, this foot would appear out of the sky and squash whatever was on screen with a rude noise. Allowing the show to move on.

Enrichment Material

What makes you an Authority?

The word authority comes from the word *author*. And the word author has a Latin root. It means: "he who enables growth".

So, the person whom you recognize as an authority is a person who enables your growth.

The others are the ones to decide if I am an authority to them or not.

What makes you an Authority?

Your personal abilities:

- 1. Your Inner Power
- 2. Your knowledge

Authority and Inner Power:

I just said the true Authority is the result of your Inner Power. This means I would judge your sense of Authority as your Inner Power.

Authority and Inner Power:

Yet, most people will judge your authority by **how you appear** and **how you act**.

We could call this your intrapersonal intelligence and your interpersonal intelligence.

People will confuse your Inner Power with your appearance and your acts, which are part of the ego.

This means that may you be totally genuine or totally faked, you will be an authority for someone.

Some will like a person's big ego and strong personality.

And he will be considered as an authority to them. That's their choice.

Some others will prefer another person's genuine vibration and ability to connect and recognize the source, and he will be considered as an authority to them.

It's always the others' choice.

http://www.luismartinssimoes.com/2009/07/how-to-be-respected/

Authority and Knowledge:

You can be considered an authority for thousands of characteristics: It can be because you are a good listener, or because you react calmly and softly to others' fragilities, or because you are good at saying, "No," or because you have no fears, or because you verbalize and observe your emotions... If you are an individual who is very much identified with your ego, you will recognize authority to egotistic people.

If you are an individual who prefers to connect to the Source, to the I Am, you will recognize authority in spiritual people, for example, but not in egotistic people.

Authority and Knowledge:

Your knowledge is your ability to master <u>Instruction on Matter</u>.

People will like your knowledge in Economy, or in Finance, or in Law, or in Philosophy, or in Engineering, or in Astrology, or in Painting...

This means authority does not claim for obedience, never!

Only someone who feels that his authority may be at stake will claim for obedience thru the use of power.

Power inspires fear. Authority inspires respect. http://www.luismartinssimoes.com/2009/07/how -to-be-respected/

RETURN of the ELDERS UNLEASH YOUR WISDOM

It's time for the Return of the ELDERS! Previous successful societies relied on the councils of their ELDERS to offer WISDOM in times of confusion. Folks, we can't quit yet.

What does Authority mean?

The true Authority is the result of your inner power. It's the wisdom that comes from within.

It has to do with your connection to the source, to the I Am.

Authority has nothing to do with the verb to have, but rather with the verb to be.

You do not have authority. You are seen as an authority.

The big difference between the External Power and Authority lies in the fact that authority cannot be imposed, it needs to be recognized.

So your authority depends on those who look at you.

Some people may recognize your authority and some others may not.

And you cannot do anything about it.

This is why people who are very much identified with their ego, and thus seeking for others approval, can't stand those who do not recognize their authority and hence use power to submit them by force.

http://www.luismartinssimoes.com/2009/07/how-to-be-respected/

Accepting the challenge

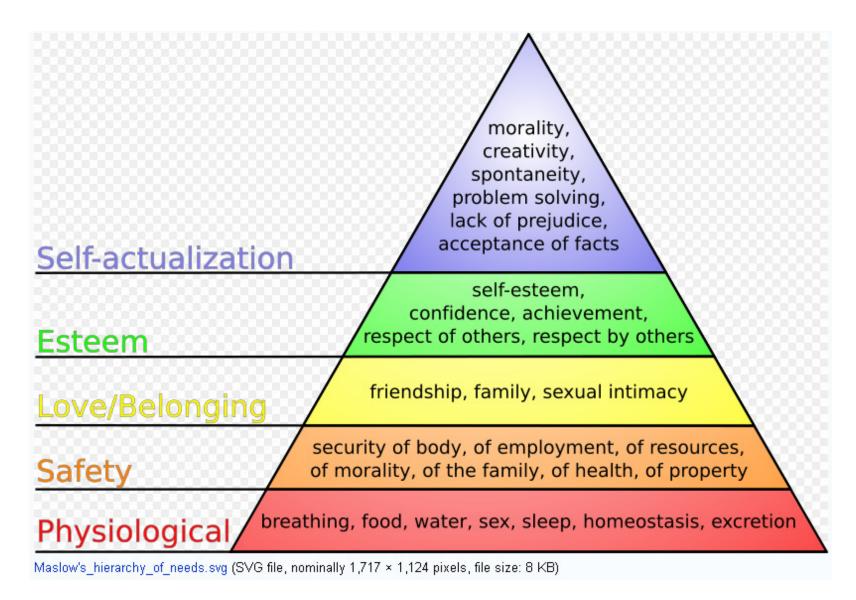
Many of you have in fact made real contributions during your lifetimes and careers. And now you feel you have earned a rest and start cashing in your chips and enjoying the good life.

Not so fast, I'm afraid. We still have work to do if we are going to still have the America we thought we were going to have, but we see disappearing.

One of life's persistent questions: "Why do cockroaches roll over before the die?"



Mazlow's Hierarhy of Needs



It all connects

Fear, War, Greed

To much capital in the hands of the few

Too little money in the hands of the consumers.

Credit is not a replacement for disposable income

Oil is a limited resource

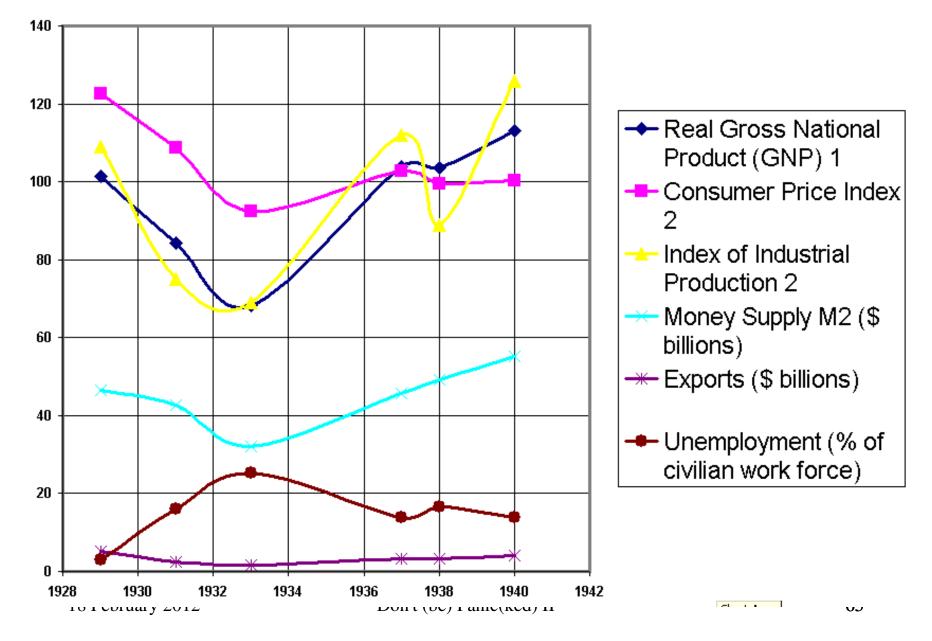
Unable to anticipate what looks obvious in retrospect

Trusting of Authority

Lacking critical ability/Education

Etc.

The Years of the Great Depression



Don't just be a thermometer, Be a thermostat

Jill Carroll

"...we are the leaders we've been looking for."

Grace Lee Boggs

Basic Wilderness Survival Skills From: British Columbia Outdoor Wilderness Guide

Fear - For anyone faced with a wilderness emergency survival situation, fear is a normal reaction. Unless an emergency situation has been anticipated, fear is generally followed by panic then pain, cold, thirst, hunger, fatigue, boredom and loneliness. It is extremely important to calmly assess the situation and not allow these seven enemies to interfere with your survival.

Pain - Pain may often be ignored in a panic situation. Remember to deal with injuries immediately before they become even more serious.

Cold - Cold lowers the ability to think, numbing the body and reducing the will to survive. Never allow yourself to stop moving or to fall asleep unless adequately sheltered.

Thirst - Dehydration is a common enemy in an emergency situation and must not be ignored. It can dull your mind, causing you to overlook important survival information.

Hunger - Hunger is dangerous but seldom deadly. It may reduce your ability to think logically and increase your susceptibility to the effects of cold, pain and fear.

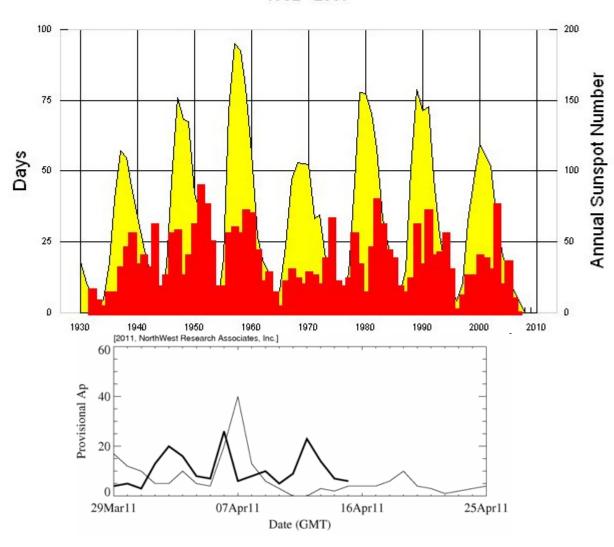
Fatigue - Fatigue is unavoidable in any situation so it is best to keep in mind that it can and will lower your mental ability. Remember that in an emergency situation this is often the bodies way of escaping a difficult situation.

Boredom & Loneliness - These enemies are quite often unanticipated and may lower mind's ability to deal with the situation.

http://www.ngdc.noaa.gov/stp/geomag/image/apstar07.jpg

Number of Days Ap* >= 40

1932 - 2007



18 February 2012

Don't (be) Panic(ked) II

http://www.swpc.noaa.gov/SolarCycle/

