Third Saturday Seminar 2011-2012 Humanity at a Crossroads Session 06 24 March 2012

Your Money or Your Life

Options and Considerations of Current and Future Medical Care

Paul Watson

Current Events Segment Curt Gibby

ALL Program, Lone Star College – Montgomery Conroe, Texas

Change

There is only one corner of the universe you can be certain of improving, and that's yourself.

Aldous Huxley

Return of the Elders, Unleashing Your Wisdom

Our Middle Aged Brains

David Niesel and Norbert Herzog

Ah... if only I could stay young... instead of faking it.

No kidding! It's actually true that our brains change with age. There was a report that said forty percent of your brain cells are lost with age but that's actually not true....

Something the middle aged brain is better at doing is recognizing the central idea or big picture. So if the brain is in good shape, it can build pathways that allow it to recognize patterns and their significance and find a solution faster than a young person.

THRIVE: How to Flourish in an Insane World

By Dr. Arnie Kozak | Last updated Jul 10, 2011, 11:02 am

Let's face it, the world is a mess. Political unrest, natural disasters, overpopulation, financial turmoil, depletion of natural resources, and war are everyday concerns. And thanks to the Internet and television these concerns are available 24/7 and come right to your living room.

Life has always been stressful. It's easy to idealize a bygone era as a golden age when things were different. There has always been war, unrest, and uncertainty. Yet as few as 50 years ago, it was not in our faces. The availability of information makes life more stressful.

We need tools to help us to cope with everything that is going around us – personally, in the family, community, country, and the world.

Program for TSS Meeting 24 March 2012

- •9:30 am Introduction & Current Events (45 Minutes +/-) *Curt Gibby*
- •10:15 am 10 Minute Break
- •10:25 am Paul Watson <u>Your Money or Your Life</u> Options and Considerations of Current and Future Medical Care
- •11:55 am Closing Remarks and Feedback

Third Saturday Seminars

To refer to an ancient Chinese saying, our world is in interesting times and individual citizens are assaulted with a blinding array of propaganda from every conceivable source. The Third Saturday Seminar is about demystification of what is going on around is. Time will also be spent on current events. 3 Sessions. No fee.

Lone Star College-Montgomery BI02

160199 2/18, 3/24, 4/21, 5/19

16020 9:30 a.m. – Noon Gibby

Bill Moyers is Back

http://billmoyers.com/series/moyers-and-company/

KUHT| Channel 8

MONDAYS, •10:30 PM



TED-TALKS

5 Part Series, Science Channel

New Series!

Each hour in this 5-part series focuses on the best that the prestigious TED (Technology, Entertainment, Design) conferences has to offer. Through their mission to share "ideas worth spreading", TED presenters have astounded, informed and inspired audiences for over 25 years. Now, these riveting talks by remarkable people will be shown on SCIENCE for the first time ever.

PREMIERES FRIDAY, MARCH 30 @ 10PM E/P, 9C

http://science.discovery.com/tv/ted-talks/

To: District 8 Democratic Party County/Precinct Chairs and Community Leaders:

Neil Burns is the unopposed Democratic Candidate for US Congress for District 8.

"My wife Stephanie and I will do all we can to defeat my Republican opponent in the General Election."

NeilBurnsforCongress.com

"War Against Women" Protest

("War Against Women") on April 28th in Austin.

Spread the word to interested parties.

War On Women protest in Austin, 4/28/12

http://www.wowtex.org/

* We're angry* We're organized* And we vote*

http://www.wowtex.org/

Doonesbury.com

March 12-17









March 17



Current Events

24 March 2012

Don'tbePanicked

Venus-Jupiter Conjunction

VENUS-JUPITER CONJUNCTION: This is a great week to admire the sunset.

Venus and Jupiter are side-by-side only ~3° apart in the western sky, beaming through the twilight as soon as the sun goes down. Photographer Marek Nikodem of Szubin, Poland, recorded the scene at nightfall on March 12th:



"Venus and Jupiter are like two lanterns illuminating the darkness," says Nikodem. "It's a wonderful sight."

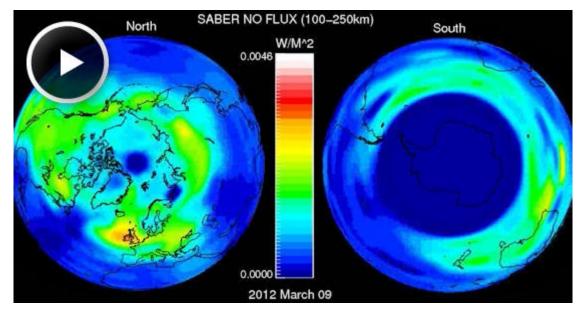


March 22, 2012: A recent flurry of eruptions on the sun did more than spark pretty auroras around the poles. NASA-funded researchers say the solar storms of March 8th through 10th dumped enough energy in Earth's upper atmosphere to power every residence in New York City *for two years*.

http://science.nasa.gov/science-news/science-at-nasa/2012/22mar_saber/

"This was the biggest dose of heat we've received from a solar storm since 2005," says Martin Mlynczak of NASA Langley Research Center. "It was a big event, and shows how solar activity can directly affect our planet."

Earth's atmosphere lights up at infrared wavelengths during the solar storms of March 8-10, 2010. A ScienceCast video explains the physics of this phenomenon. Play it!

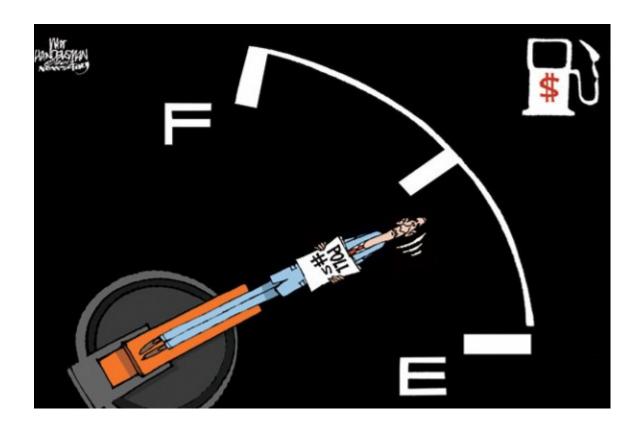


Your Money or Your Life

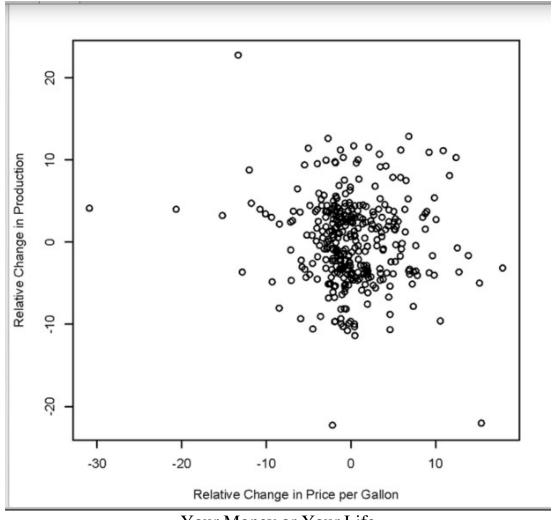
Uploaded by <u>ScienceAtNASA</u> on Mar 22, 2012 Visit http://science.nasa.gov/ for more.

http://www.youtube.com/watch?v=EEFQHDSYP1I
A flurry of solar activity in early March dumped enough heat in Earth's upper atmosphere to power every residence in New York City for two years. The heat has since dissipated, but there's more to come as the solar cycle intensifies.





Graph: Production versus price per gallonThis chart, produced by John Grego of the University of South Carolina, shows no apparent correlation between changes in gasoline production and changes in gas price at the pump.



Your Money or Your Life

What's Really Pushing Up the Price of Gas?

by MIKE WHITNEY

http://www.counterpunch.org/2012/02/28/whats-really-pushing-up-the-price-of-gas/

"....oil's price shot up because it trades in financial markets, where Wall Street firms and other big financial players dominate the trading of oil, even though they have no intention of ever taking possession of the oil whose contracts they are trading....

Historically, financial speculators accounted for about 30 percent of oil trading in commodity markets, while producers and end users made up about 70 percent. Today it's almost the reverse.

A McClatchy review of the latest Commitment of Traders report from the Commodity Futures Trading Commission, which regulates oil trading, shows that producers and merchants made up just 36 per cent of all contracts traded in the week ending Feb. 14.

U.S. Was Net Oil-Product Exporter for First Time Since 1949

By Barbara Powell - Feb 29, 2012 4:52 PM CT

The U.S. exported more gasoline, diesel and other fuels than it imported in 2011 for the first time since 1949, the Energy Department said.

Shipments abroad of petroleum products exceeded imports by 439,000 barrels a day, the department said today in the Petroleum Supply Monthly report. In 2010, daily net imports averaged 269,000 barrels. U.S. refiners exported record amounts of gasoline, heating oil and diesel to meet higher global fuel demand while U.S. fuel consumption sank.

http://www.bloomberg.com/news/2012-02-29/u-s-was-net-oil-product-exporter-in-2011.html

Fed Provided \$16 Trillion To Foreign Banks, Financial Houses

Submitted by JoeDanger on Thu, 07/21/2011 - 18:53 in

26 votes The U.S. Federal Reserve gave out \$16.1 trillion in emergency loans to U.S. and foreign financial institutions between Dec. 1, 2007 and July 21, 2010, according to figures produced by the government's first-ever audit of the central bank. Last year, the gross domestic product of the entire U.S. economy was \$14.5 trillion. Of the \$16.1 trillion loaned out, \$3.08 trillion went to financial institutions in the U.K., Germany, Switzerland, France and Belgium, the Government Accountability Office's (GAO) analysis shows.

http://www.rawstory.com/rs/2011/07/21/audit-fed-gave-16-tril...

http://www.dailypaul.com/171487/fed-gives-16-trillion-to-foreign-banks

When there is unlimited free money available, Traders can afford to bid up the price of oil and hold it. If the oil market crashes, so what, they think we will bail them out. GCG

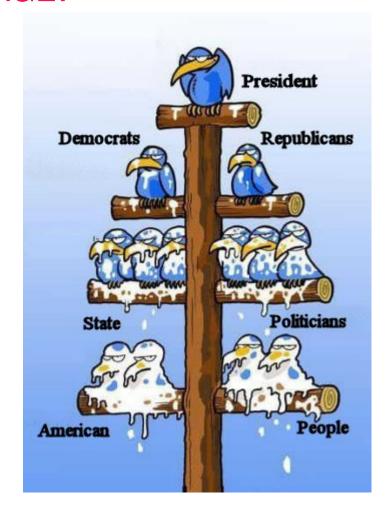
THE POLITICAL FLOW-CHART

THE TRUTH WAS NEVER SO CLEAR AS THIS MESSAGE:

When top level people look down, They see only shit-heads;

When the bottom level people look up, They see only ass-holes.

That describes politics so clearly.







HELLO!

You've been targeted for a United States drone assassination!

Greetings, U.S. citizen!

If you received this brochure in the mail, or found it mysteriously in your coat pocket or on your pillow, this means your United States government has decided to kill you!

- You have three days to turn in your U.S. passport to the nearest U.S. embassy or post office.
- After saying final prayers over your Koran or other holy text, please place the book in a safe place to avoid it getting vaporized on your body during assassination.
 (We are mindful of your religious sensitivities!)

WHEN YOU HEAR THE BUZZING OF THE ASSASSINATION DRONE:

PLEASE Step away from nearby buildings.



Frequently Asked Questions

- Q. Wait. What?
- A. Ha-ha. Don't be coy. The President has decided you are a Terrorist (for definition, see Form 357-T *) and sentenced you to death.
- Q. What if he's wrong? What are the charges? What about "due process"?
- A. When we're at war, the word "due" is defined as: "WE'RE AT WAR, YOU FILTHY ANIMAL, YOU DON'T GET ANY". (See Form 1384-D*)



- Q. What if I'm far from any battlefield?
- A. The battlefield in the Global War on Terrorism is "literally everywhere". (See Form 482-B *)
- Q. What if the President is a former Constitutional Law professor?
- A. Write up an essay, and keep it on your person in a metal box. The CIA cleanup crew will find it in the wreckage, and it will be read and graded.



DID YOU KNOW ...?

The War on Terrorism has changed the nature of your Constitutional rights.

This will persist until the United States has signed a peace treaty with the Concept of Terrorism.



*You can not see these forms.



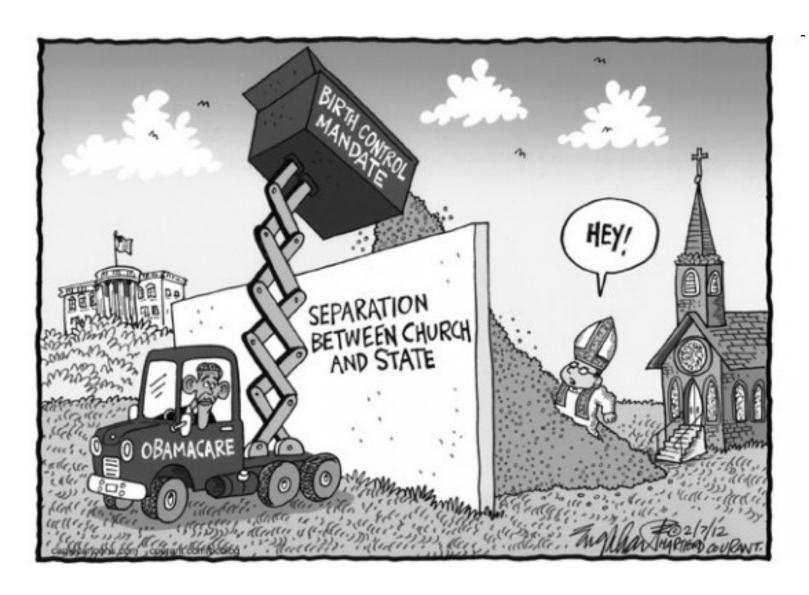


ITORIAL



24 March 2012

Your Money or Your Life



24 March 2012

Your Money or Your Life



Scalia: You don't count pregnant women twice.

"It has nothing to do with how I decide cases," Scalia replies.
"My job is to interpret the Constitution accurately. And indeed, there are anti-abortion people who think that the constitution requires a state to prohibit abortion. They say that the Equal Protection Clause requires that you treat a helpless human being that's still in the womb the way you treat other human beings. I think that's wrong. I think when the Constitution says that persons are entitled to equal protection of the laws, I think it clearly means walking-around persons.

Justice Antonin Scalia, CBS 60 Minutes, Sept. 14,

2008http://www.cbsnews.com/stories/2008/04/24/60minutes/main4040290_page6.shtml

Public Health News Roundup: January 20 New CDC Report: More Than Half of Teenage Girls Who Had Unintended Pregnancies Had Not Used Contraception

Slightly more than half of U.S. teenage girls who had a child between 2004 and 2008, and reported that the pregnancy was unintended, did not use any form of birth control. A third of these respondents didn't think they could get pregnant at the time, according to a report from the Centers for Disease Control and Prevention (CDC).

Although the number of teens who get pregnant in the U.S. has fallen in recent years, the U.S. teen birth rate is still the highest of any developed country, with more than 400,000 births in 2009, according to the CDC. *Read more on teen pregnancy*.

http://blog.rwjf.org/publichealth/2012/01/20/public-health-news-roundup-january-20/

U.S. Intel Head James Clapper on Greatest Threats in 2012



FBI Director Robert Mueller, Director of National Intelligence James Clapper and CIA Director David Petraeus appear before the Senate Select Committee on Intelligence on Capitol Hill on Jan. 31, 2012 in Washington, DC. (Win McNamee/Getty Images)

 $http://abcnews.go.com/Blotter/us-intel-head-james-clapper-worldwide-threats-2012/story?id=15479381\#. Tz8P_lEpBFQ$

Greatest Threats in 2012

On Iran: We Don't Know If They'll Go for The Bomb, 'Concerned' About Attack on U.S.

On Terrorism: Al Qaeda 'Core' Weakening, Affiliates and Homegrown Terror Greater Threats

On Afghanistan: Taliban Still Has 'Safe Haven' in Pakistan

On North Korea: To Early to Judge New Leader, Two Nuclear Weapon Tests

On the Arab Spring: Turmoil Will 'Challenge' U.S. Influence, Terrorists Could Exploit Unrest

On the Cyber Threat to the U.S.: Governments Can't Keep Up with Technology

On Drinking Water Resources: Shortages, Floods Will Hurt U.S. National Security

Conflict of Cultures

EVERY SAILOR SHOULD KNOW ABOUT



HAH MARAI/AFP VIA GETTY IMAGES

Afghan protests over Koran disposal

The top U.S. and NATO commander in Afghanistan has ordered coalition troops to complete training no later than March 3 in the proper handling of religious materials. Marine Gen. John Allen said the training will include the identification of religious materials, as well as their proper handling and storage.

The order comes in the wake of an uproar among local Afghans after word spread that hundreds of Muslim holy books were burned in a pile of garbage at Bagram Air Base. Unrest in the wake of the incident led to the death of two American service members.

Here's what you need to know:

How it happened. A Western military official in Afghanistan who spoke on condition of anonymity said several hundred Islamic publications had been removed from a library at the Parwan Detention Facility, which adjoins Bagram, because they contained extremist

messages or inscriptions.

The military official said it appeared the Korans and other Islamic readings were being used to fuel extremism, and that detainees at Parwan were writing on the documents to exchange extremist messages.

2 Sacred text. Islamic teaching spells out how the Koran should be handled, including directing anyone who touches it to be in a state of ritual purity. Muslims can only dispose of Korans in very specific ways, including respectfully burning or burying those that have been damaged or corrupted.

The incident stoked anti-foreign sentiment that already is on the rise after a decade of war in Afghanistan. It also fueled the arguments of Afghans who claim foreign troops are not respectful of their culture or Islamic religion.

3 Angry reaction. Thousands of protesters, some shouting "Long live

Afghan demonstrators show copies of Koran books, allegedly burned by U.S. soldiers, during a protest against Koran desecration at the gate of Bagram Air Base on Feb. 21.

Islam!" and "Death to America!" staged demonstrations inside the capital and in seven of Afghanistan's 34 provinces in the days following the discovery.

The deadliest was held outside an American base in the Khogyani district of Nangarhar province in eastern Afghanistan. An Afghan soldier turned his gun on American troops, killing two, Pentagon press secretary George Little confirmed.

4 'th was a mistake.' In an interview with NATO TV, Allen said the books were inadvertently given to troops for burning.

"It was not a decision that was made because they were religious materials," Allen said. "It was not a decision that was made with respect to the faith of Islam. It was a mistake. It was an error. The moment we found out about it, we immediately stopped and we intervened."

He stressed that no coalition member deliberately set out to defame Islam or desecrate the religious materials of the faith.

5 U.S. apology. On Feb. 23, President Obama apologized for the incident. White House press secretary Jay Carney told reporters that the apology was part of a three-page letter to Afghan President Hamid Karzai.

In the letter, Obama expressed "regret and apologies over the incident in which religious materials were unintentionally mishandled." said Tommy Vietor, a spokesman for the National Security Council at the White House.

A Point of Diminishing Returns ...?

Army Sergeant charged with killing 17 Villagers, 4th deployment...

Mohammed Merah, slays four men and three children under surveillance by the French ...

Al-Qaeda suspected as 49 die in Iraq bombings ... Unhappy Sunnis?

George Zimmerman, something went terribly wrong...

Are we all, everybody, everywhere missing something really obvious ...?

Hunger Games

When the clock struck midnight early Friday, fans of the wildly anticipated movie "The Hunger Games," based on the young-adult series by Suzanne Collins, cheered as they flooded more than 2,000 screenings across the country.



The Hunger Games, based on books by Suzanne Collins, arrives in theaters today.

George Carlin – "Must die TV"

... suicide could become "the ultimate makeover" reality show -"Must die TV." He envisions mass suicide to capture ratings during the sweeps: homeless people (including half a million military veterans), condemned prisoners, self-selected depressed people with "hopeless minds," and the terminally ill. Sell it to the 18-to-24 male audience as "extreme living," featuring 500 of these losers "holding hands and jumping into the Grand Canyon," each wearing a hat with camera (for friends and family to watch the video afterward) and sponsor T-shirt. Perhaps fundamentalist Christians could be induced to "Jump for Jesus." If instead of cable TV you want the networks, go with advertising from Budweiser and automobile manufacturers (drink and drive responsibly) on FOX.

The Coming Accidental War with Iran, by Lyric Hughes Hale

http://www.huffingtonpost.com/lyric-hughes-hale/the-coming-accidental-war_b_1170574.html

Now that America's withdrawal from Iraq has been formalized, and Osama bin Laden, Hosni Mubarak, Muammar Gaddafi, Ali Abdullah Saleh, and Zine el Abidine Ben Ali have all been vanquished, after a year of unbelievable changes throughout the Middle East, my prediction is that Iran is about to regain center stage in the region. As a result of the US withdrawal, Iraq could be prone to more violence, and the Iranian leadership must certainly have taken note that none of the toppled leaders, including Sadam Hussein, possessed formal nuclear capabilities.

The first act is already being played out in Syria, the only Arab state to align itself with Iran, and in the streets of Bahrain, its neighbor under Saudi control. The Saudis and the Israelis are mulling diplomatic as well as military options to stop Iran from developing a nuclear weapons capability

ICC Finds Congo Warlord Thomas Lubanga Guilty

http://www.theworld.org/2012/03/icc-congo-warlord-lubanga/

By The World March 14, 2012

The International Criminal Court (ICC) has found the Congolese warlord, Thomas Lubanga, guilty of recruiting and using child soldiers between 2002 and 2003.

It is the court's first verdict since it was set up 10 years ago. He will be sentenced at a later hearing.

He headed a rebel group during an ethnic conflict in a gold-rich region of Democratic Republic of Congo.

The prosecution accused him of using children as young as nine as bodyguards and fighters.

Anchor Marco Werman finds out more about Lubanga from Anneke Van Woudenberg of <u>Human Rights Watch</u>.

Excerpt:

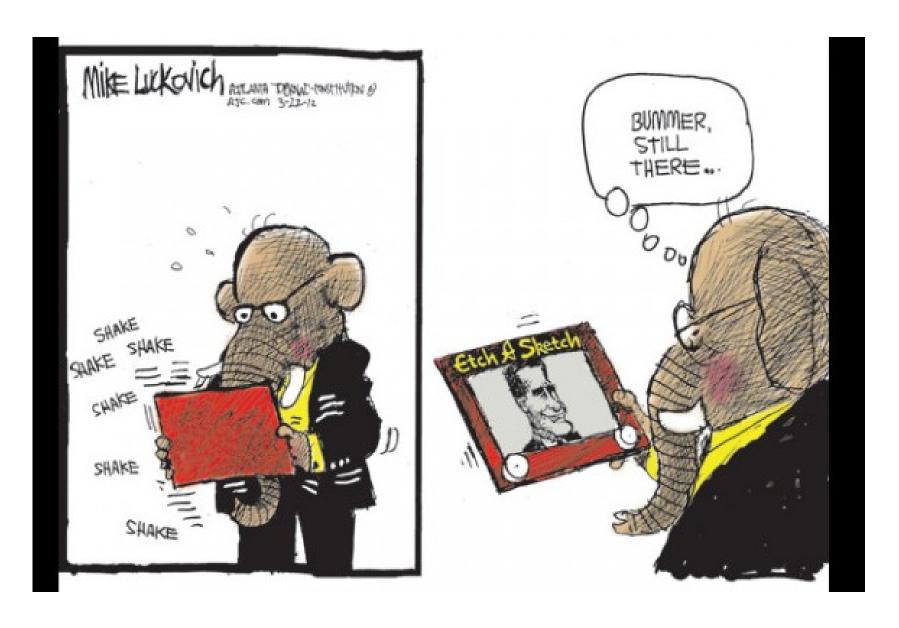
Werman: You know, we tend to think of people like Thomas Lubanga, convicted today at the International Criminal Court, as monsters. You actually met him, Anneke Van Woudenberg. What was he like and did it give you a window into how somebody like this can actually operate?

Van Woudenberg: I certainly don't think Thomas Lubanga is a monster, and I wouldn't say that about many of the warlords I've met. They've made decisions that I disagree with, they commit crimes that I abhor. But I don't think it's useful for us to categorize them as monsters or as evil. I think it makes us think that there is an "us" and a "them", and I think there's potentially good and evil in all of us. What I want to make sure, as someone who is a human rights activist, who has documented these kinds of crimes...I believe it's of crucial importance that the world speaks when such crimes occur, and that the world says no, and that the world says these kind of crimes are punishable.

Tyrants exercise sincere denial

When I met Thomas Lubanga, he denied that he was committing any crimes. You know, I remember sitting in his office, talking to him about the crimes that has been committed, trying to very much warn him that these crimes were serious crimes, and letting him know that we were documenting these kinds of things being committed by his troops...and I spoke to him about child soldiers, and he said "No, no, I have no children in my ranks. Show me where there are children." And we pointed to the window and we said, "Your bodyguards are children." And he, you know, laughed it off by saying "No, no, you can't tell. Those kids that you think are 12 years old are 21 years old." And he would try to deny or minimize the crimes. You know, that was the kind of individual he was. He was a charismatic leader, but he did not want to face up to the horrors that he and his troops were committing...and today, he was put face to face with that and a very strong guilty verdict, unanimously, by all the judges.

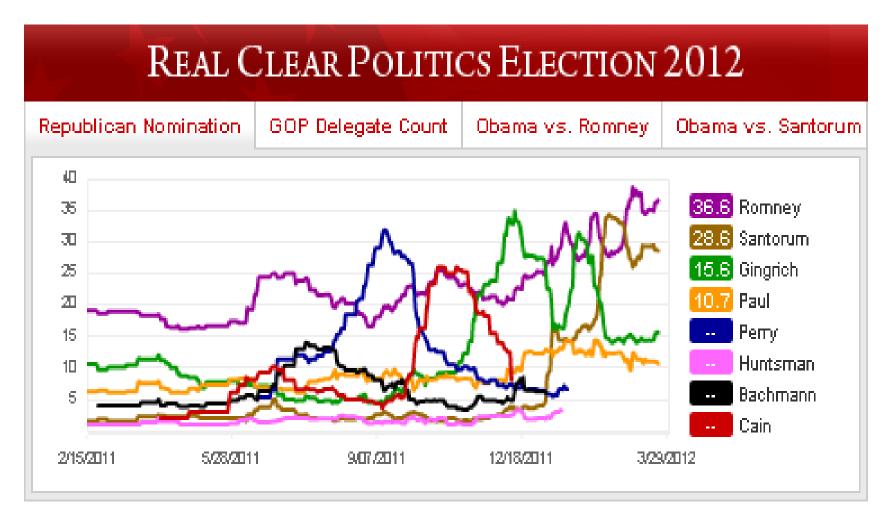
Werman: Anneke Van Woudenberg with Human Rights Watch. She's at The Hague today, where the International Criminal Court handed down its first verdict against Thomas Lubanga. Anneke, thank you very much indeed.



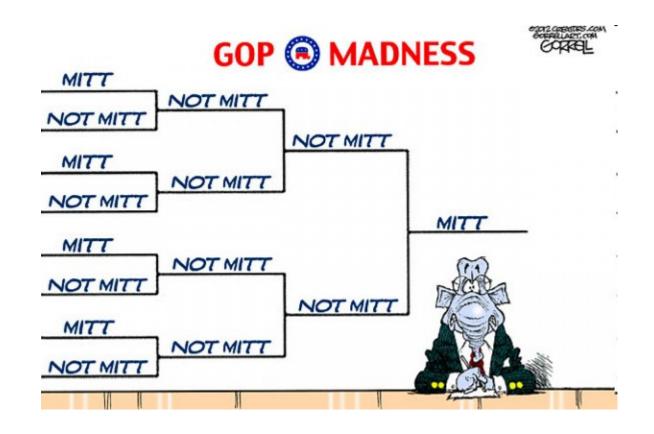


"IT'S TIME WE PUT OUT A CONTRACT WITH AMERICA ON NEWT'S HEAD ... "

Late RCP Average of Polls



Real Clear Politics Thursday



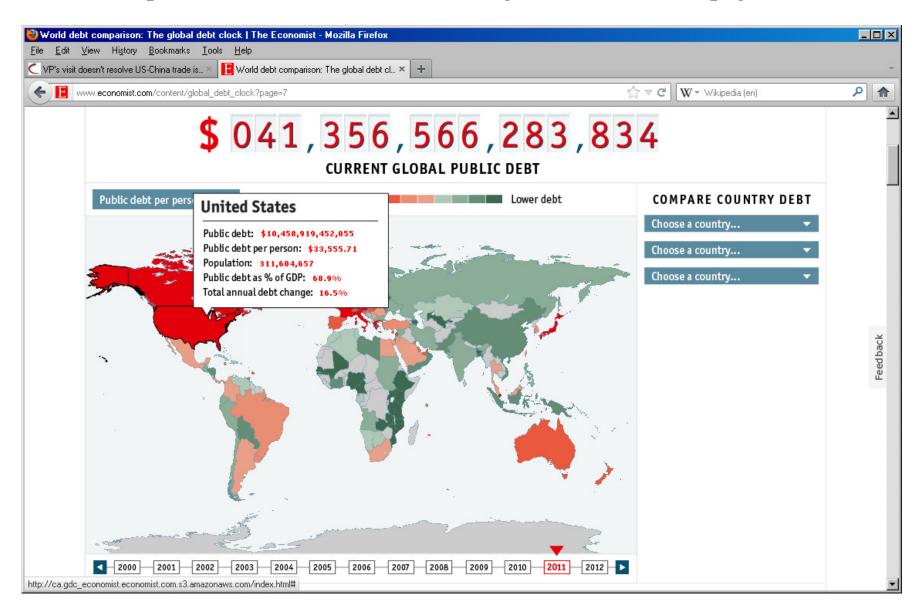
S&P 500 (^GSPC) - SNP

Add to Portfolio

1,397.11 +4.33(0.31%) Mar 23

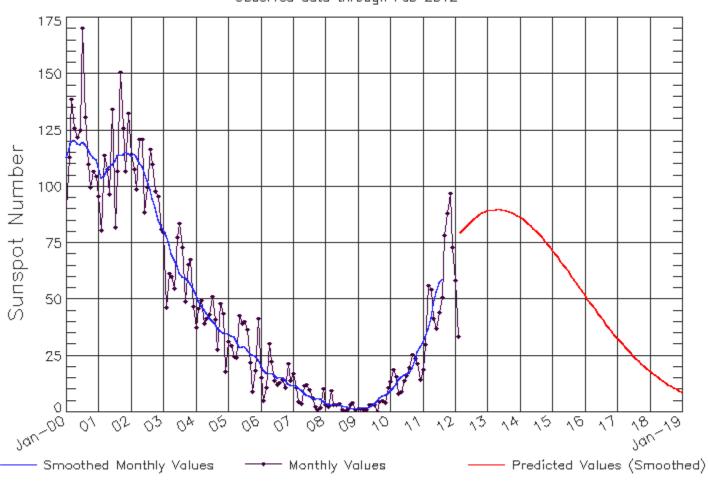


http://www.economist.com/content/global_debt_clock?page=7



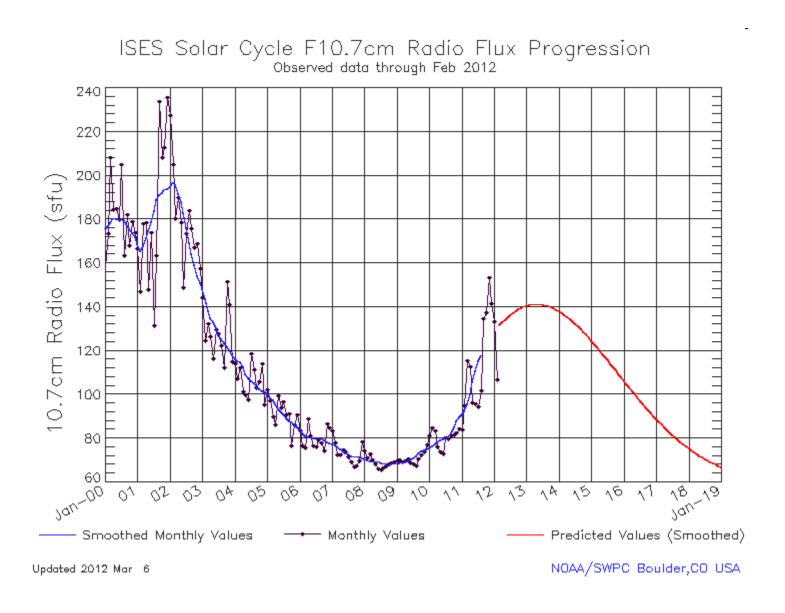
Sun Spots

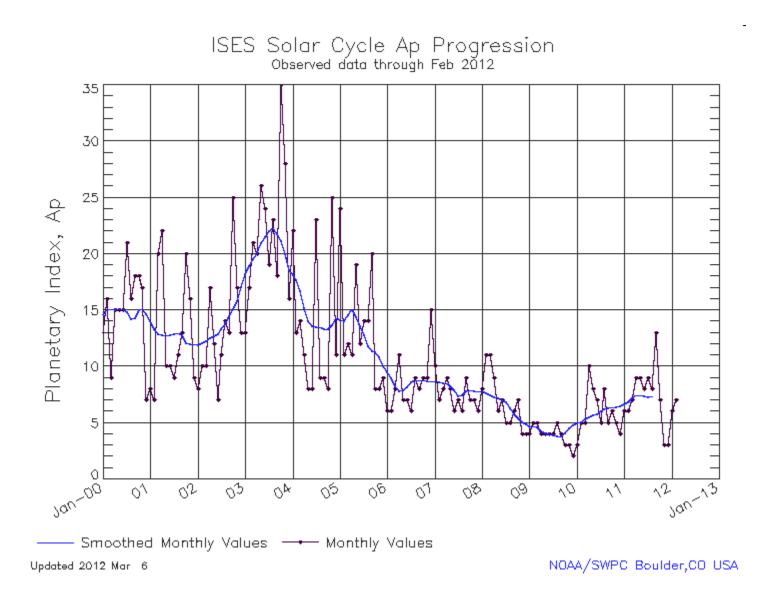




nup://www.swpc.noaa.gov/SoiarCycie/

NOAA/SWPC Boulder,CO USA





Third Saturday Seminar 2011-2012 Humanity at a Crossroads Session 06 24 March 2012

NEXT 10 Minute Break

Williate Diear

Then

Your Money or Your Life

Options and Considerations of Current and Future Medical Care

Paul Watson

ALL Program, Lone Star College – Montgomery Conroe, Texas

Don't panic!

Don't <u>be</u> Panic<u>ked!</u>

Welcome back to interesting times!

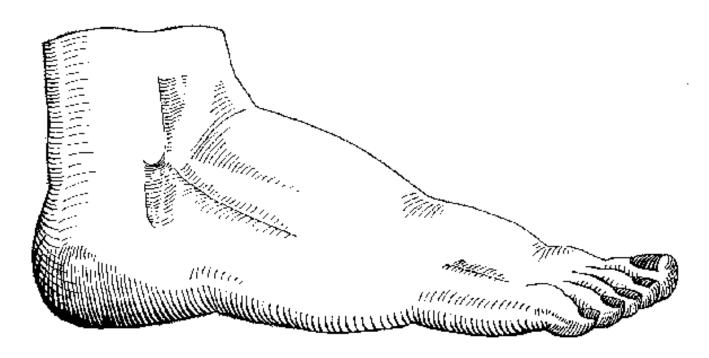






See You Next Time

The Monty Python Foot, a convenient way to end something that would seem to go on for ever accomplishing nothing.... (*See deus ex machina*)





The famous Python
Foot can here be seen in
its original format in the
bottom left corner of
"An Allegory of Venus

and Cupid by Bronzino (~1545)

When Monty Python had no ending for a skit, this foot would appear out of the sky and squash whatever was on screen with a rude noise. Allowing the show to move on.

Enrichment Material

What makes you an Authority?

The word authority comes from the word *author*. And the word author has a Latin root. It means: "he who enables growth".

So, the person whom you recognize as an authority is a person who enables your growth.

The others are the ones to decide if I am an authority to them or not.

What makes you an Authority?

Your personal abilities:

- 1. Your Inner Power
- 2. Your knowledge

Authority and Inner Power:

I just said the true Authority is the result of your Inner Power. This means I would judge your sense of Authority as your Inner Power.

Authority and Inner Power:

Yet, most people will judge your authority by **how you appear** and **how you act**.

We could call this your intrapersonal intelligence and your interpersonal intelligence.

People will confuse your Inner Power with your appearance and your acts, which are part of the ego.

This means that may you be totally genuine or totally faked, you will be an authority for someone.

Some will like a person's big ego and strong personality.

And he will be considered as an authority to them. That's their choice.

Some others will prefer another person's genuine vibration and ability to connect and recognize the source, and he will be considered as an authority to them.

It's always the others' choice.

http://www.luismartinssimoes.com/2009/07/how-to-be-respected/

Authority and Knowledge:

You can be considered an authority for thousands of characteristics: It can be because you are a good listener, or because you react calmly and softly to others' fragilities, or because you are good at saying, "No," or because you have no fears, or because you verbalize and observe your emotions... If you are an individual who is very much identified with your ego, you will recognize authority to egotistic people.

If you are an individual who prefers to connect to the Source, to the I Am, you will recognize authority in spiritual people, for example, but not in egotistic people.

Authority and Knowledge:

Your knowledge is your ability to master <u>Instruction on Matter</u>.

People will like your knowledge in Economy, or in Finance, or in Law, or in Philosophy, or in Engineering, or in Astrology, or in Painting...

This means authority does not claim for obedience, never!

Only someone who feels that his authority may be at stake will claim for obedience thru the use of power.

Power inspires fear. Authority inspires respect. http://www.luismartinssimoes.com/2009/07/how-to-be-respected/

RETURN of the ELDERS UNLEASH YOUR WISDOM

It's time for the Return of the ELDERS! Previous successful societies relied on the councils of their ELDERS to offer WISDOM in times of confusion. Folks, we can't quit yet.

What does Authority mean?

The true Authority is the result of your inner power. It's the wisdom that comes from within.

It has to do with your connection to the source, to the I Am.

Authority has nothing to do with the verb to have, but rather with the verb to be.

You do not have authority. You are seen as an authority.

The big difference between the External Power and Authority lies in the fact that authority cannot be imposed, it needs to be recognized.

So your authority depends on those who look at you.

Some people may recognize your authority and some others may not.

And you cannot do anything about it.

This is why people who are very much identified with their ego, and thus seeking for others approval, can't stand those who do not recognize their authority and hence use power to submit them by force.

http://www.luismartinssimoes.com/2009/07/how-to-be-respected/

Accepting the challenge

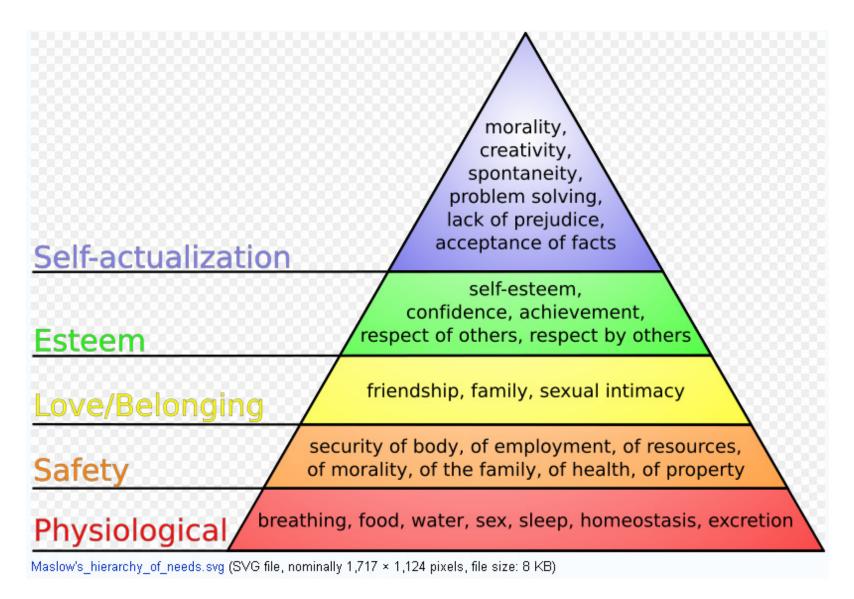
Many of you have in fact made real contributions during your lifetimes and careers. And now you feel you have earned a rest and start cashing in your chips and enjoying the good life.

Not so fast, I'm afraid. We still have work to do if we are going to still have the America we thought we were going to have, but we see disappearing.

One of life's persistent questions: "Why do cockroaches roll over before the die?"



Mazlow's Hierarhy of Needs



It all connects

Fear, War, Greed

To much capital in the hands of the few

Too little money in the hands of the consumers.

Credit is not a replacement for disposable income

Oil is a limited resource

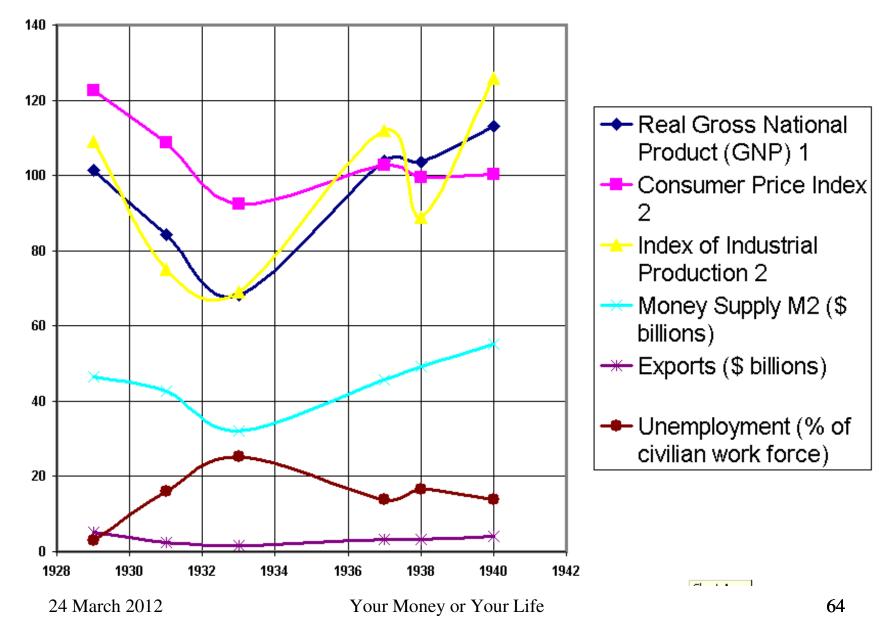
Unable to anticipate what looks obvious in retrospect

Trusting of Authority

Lacking critical ability/Education

Etc.

The Years of the Great Depression



Don't just be a thermometer, Be a thermostat

Jill Carroll

"...we are the leaders we've been looking for."

Grace Lee Boggs

Basic Wilderness Survival Skills From: British Columbia Outdoor Wilderness Guide

Fear - For anyone faced with a wilderness emergency survival situation, fear is a normal reaction. Unless an emergency situation has been anticipated, fear is generally followed by panic then pain, cold, thirst, hunger, fatigue, boredom and loneliness. It is extremely important to calmly assess the situation and not allow these seven enemies to interfere with your survival.

Pain - Pain may often be ignored in a panic situation. Remember to deal with injuries immediately before they become even more serious.

Cold - Cold lowers the ability to think, numbing the body and reducing the will to survive. Never allow yourself to stop moving or to fall asleep unless adequately sheltered.

Thirst - Dehydration is a common enemy in an emergency situation and must not be ignored. It can dull your mind, causing you to overlook important survival information.

Hunger - Hunger is dangerous but seldom deadly. It may reduce your ability to think logically and increase your susceptibility to the effects of cold, pain and fear.

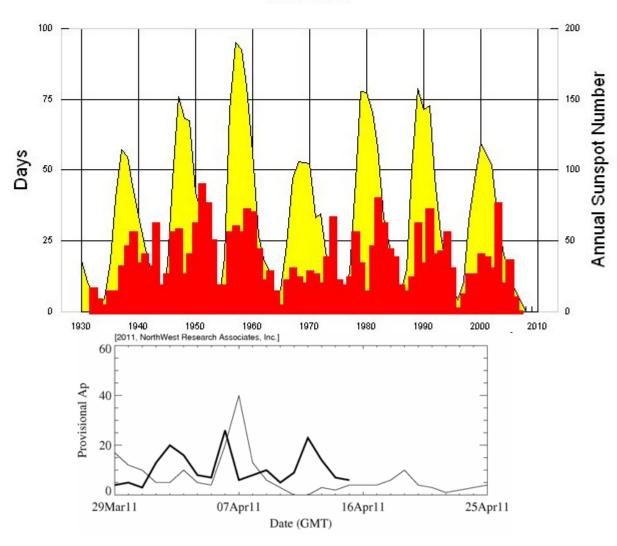
Fatigue - Fatigue is unavoidable in any situation so it is best to keep in mind that it can and will lower your mental ability. Remember that in an emergency situation this is often the bodies way of escaping a difficult situation.

Boredom & Loneliness - These enemies are quite often unanticipated and may lower mind's ability to deal with the situation.

http://www.ngdc.noaa.gov/stp/geomag/image/apstar07.jpg

Number of Days Ap* >= 40

1932 - 2007



Your Money or Your Life

http://www.investmenttools.com/thefed/money_multiplier__velocity_.htm

Money Multiplier (seasonally adjusted) 52 two week ROC (Rate of Change) blue (the data is bi-weekly)

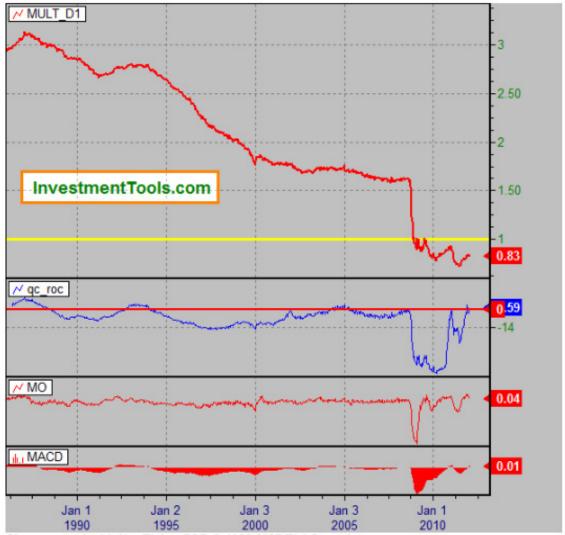


Chart created with NeoTicker EOD © 1998-2007 TickQuest Inc.

http://www.investmenttools.com/thefed/fedderal_reserve_free_reserves.htm

